

Allergen Information Week 1

| Week 1 | Cereals containing Gluten | Rye | Oats | Barley | Wheat | Sesame | Peanuts | Tree Nuts | Soya | Sulphites | Mustard | Fish | Molluscs | Crustaceans | Milk | Lupin | Eggs | Celery |
|--------------------------------------------------------|---------------------------|-----|------|--------|-------|--------|---------|-----------|------|-----------|---------|------|----------|-------------|------|-------|------|--------|
| Pork Sausages, Mashed Potatoes, and Gravy | x | | | | x | | | | x | | | | | | x | | | |
| Vegetarian Sausages, Mashed Potatoes, and Gravy | x | | | | x | | | | x | | | | | | x | | | |
| Broccoli | | | | | | | | | | | | | | | | | | |
| Carrots | | | | | | | | | | | | | | | | | | |
| Lemon Drizzle Cake | x | | | | x | | | | | | | | | | x | | x | |
| Chicken Korma with Rice | | | | | | | | | | | | | | | x | | | |
| Tomato Pasta Bake | x | | | | x | | | | | | | | | | x | | | |
| Sweetcorn | | | | | | | | | | | | | | | | | | |
| Green Beans | | | | | | | | | | | | | | | | | | |
| Fruit Jelly | | | | | | | | | | | | | | | | | | |
| Roast Chicken with Stuffing, Roast Potatoes, and Gravy | x | | | | x | | | | | | | | | | | | | x |
| Veggie Slice with Roast Potatoes and Gravy | x | | | | x | | | | | | | | | | | | | |
| Carrots | | | | | | | | | | | | | | | | | | |
| Cabbage | | | | | | | | | | | | | | | | | | |
| Oaty Apple Cookie | x | | x | | x | | | | | | | | | | x | | x | |
| Beef Bolognese with Pasta | x | | | | x | | | | | | | | | | | | | x |
| Savoury Vegetable Rice | | | | | | | | | | | | | | | | | | |
| Peas | | | | | | | | | | | | | | | | | | |
| Cauliflower | | | | | | | | | | | | | | | | | | |
| Fruit Crumble with Custard | x | | x | | x | | | | | | | | | | x | | | |
| Breaded Fish with Chips | x | | | | x | | | | | | | x | | | | | | |
| Cheesy Vegetable Wrap with Chips | x | | | | x | | | | | | | | | | x | | | |
| Sweetcorn | | | | | | | | | | | | | | | | | | |
| Baked Beans | | | | | | | | | | | | | | | | | | |
| Chocolate Loaf | x | | | | x | | | | | | | | | | x | | x | |



Allergen Information Week 2

| Week 2 | Cereals containing Gluten | Rye | Oats | Barley | Wheat | Sesame | Peanuts | Tree Nuts | Soya | Sulphites | Mustard | Fish | Molluscs | Crustaceans | Milk | Lupin | Eggs | Celery |
|------------------------------------------------------|---------------------------|-----|------|--------|-------|--------|---------|-----------|------|-----------|---------|------|----------|-------------|------|-------|------|--------|
| Veggie Sausage Roll with Parsley Potatoes and Gravy | x | | | | x | | | | x | | | | | | | | | |
| Cheesy Pasta Bake | x | | | | x | | | | | | | | | | x | | | |
| Carrots | | | | | | | | | | | | | | | | | | |
| Green Beans | | | | | | | | | | | | | | | | | | |
| Fruity Flapjack | x | | | | x | | | | | | | | | | | | | |
| Breaded Chicken with Wedges | x | | | | x | | | | | | | | | | | | | |
| Vegetable Omelette with Wedges | x | | | | x | | | | | | | | | | x | | x | |
| Coleslaw | | | | | | | | | | | | | | | x | | x | |
| Baked Beans | | | | | | | | | | | | | | | | | | |
| Iced Carrot Cake | x | | | | x | | | | | | | | | | x | | x | |
| Roast Pork with Stuffing, Mashed Potatoes, and Gravy | x | | | | x | | | | | | | | | | x | | | |
| Cheese and Potato Pie | x | | | | x | | | | | | | | | | x | | x | |
| Carrots | | | | | | | | | | | | | | | | | | |
| Broccoli | | | | | | | | | | | | | | | | | | |
| Fruit Jelly | | | | | | | | | | | | | | | | | | |
| Beef Lasagne | x | | | | x | | | | | | | | | | x | | | x |
| Vegetable Hotpot | | | | | | | | | | | | | | | | | | x |
| Peas | | | | | | | | | | | | | | | | | | |
| Cauliflower | | | | | | | | | | | | | | | | | | |
| Apple Sponge with Custard | x | | | | x | | | | | | | | | | x | | x | |
| Breaded Fish with Chips | x | | | | x | | | | | | | x | | | | | | |
| Vegetable Goujons with Chips | x | | | | x | | | | | | | | | | | | | |
| Sweetcorn | | | | | | | | | | | | | | | | | | |
| Baked Beans | | | | | | | | | | | | | | | | | | |
| Chocolate Crispy Cake | x | | | | x | | | | | | | | | | | | | |



Allergen Information Week 3

| Week 3 | Cereals containing Gluten | Rye | Oats | Barley | Wheat | Sesame | Peanuts | Tree Nuts | Soya | Sulphites | Mustard | Fish | Molluscs | Crustaceans | Milk | Lupin | Eggs | Celery |
|---------------------------------------------|---------------------------|-----|------|--------|-------|--------|---------|-----------|------|-----------|---------|------|----------|-------------|------|-------|------|--------|
| Chicken and Tomato Pasta | x | | | | x | | | | | | | | | | | | | x |
| Cheesy Bean Slice | x | | | | x | | | | | | | | | | x | | | |
| Mixed Vegetables | | | | | | | | | | | | | | | | | | |
| Shortbread Fingers | x | | | | x | | | | | | | | | | | | | |
| Cottage Pie | | | | | | | | | | | | | | | x | | | |
| Vegetable Lasagne | x | | | | x | | | | | | | | | | x | | | x |
| Broccoli | | | | | | | | | | | | | | | | | | |
| Cauliflower | | | | | | | | | | | | | | | | | | |
| Chocolate Mousse | x | | | | x | | | | | | | | | | x | | x | |
| Roast Chicken with Roast Potatoes and Gravy | | | | | | | | | | | | | | | | | | |
| Quiche with Roast Potatoes | x | | | | x | | | | | | | | | | x | | x | |
| Cabbage | | | | | | | | | | | | | | | | | | |
| Green Beans | | | | | | | | | | | | | | | | | | |
| Raspberry Coconut Slice | x | | | | x | | | | | | | | | | | | | |
| Pork Meatballs with Tomato Sauce and Pasta | x | | | | x | | | | | | | | | | | | | x |
| Sweet Potato and Chick Pea Curry with Rice | | | | | | | | | | | | | | | | | | |
| Peas | | | | | | | | | | | | | | | | | | |
| Carrots | | | | | | | | | | | | | | | | | | |
| Sticky Toffee Pudding with Custard | x | | | | x | | | | | | | | | | x | | x | |
| Breaded Salmon with Chips | x | | | | x | | | | | | | x | | | | | | |
| Cheese and Tomato Pizza with Chips | x | | | | x | | | | | | | | | | x | | | x |
| Baked Beans | | | | | | | | | | | | | | | | | | |
| Sweetcorn | | | | | | | | | | | | | | | | | | |
| Blueberry Cake | x | | | | x | | | | | | | | | | x | | x | |

