



Dear Parents and Carers,

‘Changing Me’ topic in Year 2- Summer Term 2

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We use a scheme of work called Jigsaw which looks at many topics including all kinds of relationships, physical/emotional health and living in the wider world. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond. During the course, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Please find attached the map of lessons with learning intentions, also specified below:

- Understand that everyone is unique and special
- Express how they feel when change happens
- Understand and respect the changes that they see in themselves
- Understand and respect the changes that they see in other people
- Know who to ask for help if they are worried about change
- Looking forward to change

Many parents and parent-related organisations support good quality RSE in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school. All materials used are available for you to browse through should you so wish.

Yours sincerely,

Sabine Newberry

PSHE and RSE Lead

Weekly celebration	Piece	Learning intention
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Understand that everyone is unique and special	1) Life Cycles in Nature	I can recognise cycles of life in nature I understand there are some changes that are outside my control and can recognise how I feel about this
Can express how they feel when change happens	2) Growing from Young to Old	I can tell you about the natural process of growing from young to old and understand that this is not in my control I can identify people I respect who are older than me
Understand and respect the changes that they see in themselves	3) The Changing Me	I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old I feel proud about becoming more independent
Understand and respect the changes that they see in other people	4) Boys' and Girls' Bodies	I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, anus, testicles, vagina, vulva) and appreciate that some parts of my body are private I can tell you what I like/don't like about being a boy/girl
Know who to ask for help if they are worried about change	5) Assertiveness	I understand there are different types of touch and can tell you which ones I like and don't like I am confident to say what I like and don't like and can ask for help
Are looking forward to change	6) Looking Ahead	I can identify what I am looking forward to when I move to my next class I can start to think about changes I will make when I am in Year 3 and know how to go about this