



Dear Parents and Carers,

‘Being me in my world’ topic in Y4- Autumn 1

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We use a scheme of work called Jigsaw which looks at many topics including all kinds of relationships, physical/emotional health and living in the wider world. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

Please find attached the map of lessons with learning intentions, also specified below:

- Becoming a class ‘team’ (my attitudes and actions making a difference in class)
- Being a school citizen (who is in my school community and the roles they play)
- Rights, responsibilities and democracy (how democracy works through school council)
- Rewards and consequences (my actions affect myself and others)
- Our learning charter (understand how groups come together to make decisions)
- Owning our learning charter (having a voice benefits the school community)

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school. All materials used are available for you to browse through should you so wish.

Yours sincerely,

Sabine Newberry

Weekly celebration	Piece	Learning intention
Help others to feel welcome	1) Becoming a Class 'Team'	I know my attitudes and actions make a difference to the class team I know how to use my Jigsaw Journal I know how good it feels to be included in a group and understand how it feels to be excluded I try to make people feel welcome and valued
Try to make our pre-school community a better place	2) Being a school citizen	I understand who is in my school community, the roles they play and how I fit in I can take on a role in a group and contribute to the overall outcome
Think about everyone's right to learn	3) Rights, responsibilities and democracy	I understand how democracy works through the School Council I can recognise my contribution to making a Learning Charter for the whole school
Care about other people's feelings	4) Rewards and consequences	I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them I understand how rewards and consequences motivate people's behaviour
Work well with others	5) Our Learning Charter	I understand how groups come together to make decisions I can take on a role in a group and contribute to the overall outcome
Choose to follow the Learning Charter	6) Owning our Learning Charter	I understand how democracy and having a voice benefits the school community I understand why our school community benefits from a Learning Charter and can help others to follow it