



Dear Parents and Carers,

‘Being me in my world’ topic in Y3- Autumn 1

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We use a scheme of work called Jigsaw which looks at many topics including all kinds of relationships, physical/emotional health and living in the wider world. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

Please find attached the map of lessons with learning intentions, also specified below:

- Getting to know each other (personal goals, identifying positive things about myself)
- Our nightmare school (facing new challenges, making responsible choices)
- Our dream school (why rules are needed)
- Rewards and consequences (my actions on others)
- Our learning charter (responsible choices and take action)
- Owning our learning charter (following the charter and seeing things from other people’s perspective)

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school. All materials used are available for you to browse through should you so wish.

Yours sincerely,

Sabine Newberry

Weekly celebration	Piece	Learning intention
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Help others to feel welcome	1) Getting to know each other	I recognise my worth and can identify positive things about myself and my achievements. I can set personal goals I know how to use my Jigsaw Journal I value myself and know how to make someone else feel welcome and valued
Try to make our pre-school community a better place	2) Our Nightmare School	I can face new challenges positively, make responsible choices and ask for help when I need it I recognise how it feels to be happy, sad or scared and am able to identify if other people are feeling these emotions
Think about everyone's right to learn	3) Our Dream School	I understand why rules are needed and how they relate to rights and responsibilities I know how to make others feel valued
Care about other people's feelings	4) Rewards and consequences	I understand that my actions affect myself and others and I care about other people's feelings I understand that my behaviour brings rewards/consequences
Work well with others	5) Our Learning Charter	I can make responsible choices and take action I can work cooperatively in a group
Choose to follow the Learning Charter	6) Owning our Learning Charter	I understand my actions affect others and try to see things from their points of view I am choosing to follow the Learning Charter