



Dear Parents and Carers,

‘Being me in my world’ topic in Reception- Autumn 1

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We use a scheme of work called Jigsaw which looks at many topics including all kinds of relationships, physical/emotional health and living in the wider world. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

Please find attached the map of lessons with learning intentions, also specified below:

- Who... Me? (how it feels to belong)
- How am I feeling today? (recognizing and managing feelings)
- Being at school (working with others, school is a good place to be)
- Gentle Hands (understand it is good to be kind and use gentle hands)
- Our Rights (children’s right, being allowed to learn and play)
- Our responsibilities (learning what being responsible means)

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in getting in touch. All materials used are available for you to browse through should you so wish.

Yours sincerely,

Sabine Newberry

Weekly celebration	Piece	Learning intention
Help others to feel welcome	1) Who...Me?	I understand how it feels to belong and that we are similar and different
Try to make our pre-school community a better place	2) How am I feeling today?	I can start to recognise and manage my feelings
Think about everyone's right to learn	3) Being at school	I enjoy working with others to make school a good place to be
Care about other people's feelings	4) Gentle hands	I understand why it is good to be kind and use gentle hands
Work well with others	5) Our rights	I am starting to understand children's rights and this means we should all be allowed to learn and play
Choose to follow the Learning Charter	6) Our responsibilities	I am learning what being responsible means