



Dear Parents and Carers,

‘Being me in my world’ topic in Y1- Autumn 1

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We use a scheme of work called Jigsaw which looks at many topics including all kinds of relationships, physical/emotional health and living in the wider world. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

Please find attached the map of lessons with learning intentions, also specified below:

- Special and safe (feeling special and safe in school)
- My class (feeling a sense of belonging)
- Rights and responsibilities (making my class a safe place for everyone to learn)
- Rewards and feeling proud (recognize how to feel proud of an achievement)
- Consequences (learning to make choices and understanding the consequences)
- Owning our learning charter (rights and responsibilities with class rules)

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school. All materials used are available for you to browse through should you so wish.

Yours sincerely,

Sabine Newberry

Weekly celebration	Piece	Learning intention
Help others to feel welcome	1) Special and safe	I know how to use my Jigsaw Journal I feel special and safe in my class
Try to make our pre-school community a better place	2) My class	I understand the rights and responsibilities as a member of my class I know that I belong to my class
Think about everyone's right to learn	3) Rights and responsibilities	I understand the rights and responsibilities for being a member of my class I know how to make my class a safe place for everybody to learn
Care about other people's feelings	4) Rewards and feeling proud	I know my views are valued and can contribute to the Learning Charter I recognise how it feels to be proud of an achievement
Work well with others	5) Consequences	I can recognise the choices I make and understand the consequences I recognise the range of feelings when I face certain consequences
Choose to follow the Learning Charter	6) Owning our Learning Charter	I understand my rights and responsibilities within our Learning Charter I understand my choices in following the Learning Charter