Characteristics of P.E. Lessons

Set clear objectives for the lesson, including 'head, heart, hand and social'

Recap prior learning within the unit, and complete a short warm up

Provide a safe environment for all pupils to work in

Use the progressive, sequenced plans on Get Set 4 PE (adapt activity/outcome when appropriate e.g. dance)

Vital Vocabulary (taken from Graduate document)

Ensure pupils have access to all equipment/ resources needed for the lesson

Scaffold and deepen PE lessons to meet the needs of all children with the appropriate level of challenge

Provide clear group instruction and model expectations

Allow clear and direct feedback opportunities (group, individual pupils, partner, self-assessment)

Make links between the skills and knowledge necessary for various units of work

Provide leadership and teamwork opportunities

Plenary is used to discuss progress against the WAL and next steps